

Eastern Athletic and Harrier Club



Newsletter – August 2011

It's nearly here again!

With the worst of the winter weather now over and temperatures seeming to be on the increase we find the start of the Athletic season is only 9 weeks away.

The club enjoyed very good results at all levels last season and we expect the 2011/12 season to be another great year.

Important Dates

Enrolment

Where: ASB Stadium Kohimarama

When: 13th, 14th and 20th September

Time: 5.00pm – 6.30pm

Subscriptions this year are:

Senior - \$100.00

Junior - \$75.00

This sub covers the period from first club night (11 October 2011) to last club night (20 March 2012) (6 months)

First Club Night

The season starts on Tuesday 11th October (weather permitting). Please check the website for any changes.

Especially on the first few nights, please ensure all children have warm clothes to avoid those unpredictable temperature drops in the evening. A T-shirt can be worn under the club uniform singlet.

Working Bee

Sunday 9th October from 9am. Approximately 90 minutes to clean out the equipment sheds and a few other simple jobs. All welcome and your help appreciated.

Pre-Season Training

For all interested athletes. Thursdays at Glover Park - from 5.00pm. Commencing 22nd September.

Distance Runners – Training

Rodger is forming a training squad for distance runners. Rodger is a qualified grade 2 distance coach so you will be in good hands. Please telephone or email him if you would like to be part of this squad – 5750575 or brickland@clear.net.nz

Uniforms

All children must wear a club uniform to compete.

Using last year's uniform is fine, but the 2011/12 number and RED age patch MUST be sewn on.

Our new uniform can be purchased at Registration at \$30 a singlet and \$25 for shorts and will also be available on the first few Tuesday club nights at Glover Park. Last seasons uniform is available at \$25 per item.

Pre-Loved Uniforms

The club website will have a page for you to post second-hand uniforms in good condition for sale. Details of how to add your items for sale will be posted on the website home page at:

www.easternathletics.co.nz

Athletics clothing and footwear only please

Last Season Happenings and Results

Our athletes enjoyed success at a range of Interclub, Regional, National and international events.

Auckland Champs - 2011

A number of our athletes competed in the Auckland championships. Athletes from our club won 19 medals.

12/13 Years Inter-provincial Champs

2 of our athletes competed for the Auckland team. The national age group competition was held in Inglewood, Taranaki at Easter with Auckland finishing a very creditable second. Those athletes selected were Riandri de Bruyn and Caitlin Dodd.

10/11 Years Trans-Tasman Challenge

Eastern contributed 6 athletes to the Auckland team that competed in Sydney for this annual competition against a New South Wales team. Athletes selected from Eastern Athletic Club were James Uhlenberg, Joel Ibbs, Isabel McGillivray, Lee-Anne Griffiths, Sarina Simon and Olivia Gordon. Managers from our Club were Denise Cheese, Kim Anderson, Michael Brickland and Lyn McGillivray.

We also had good numbers of representatives at both the North & South Island Colgate Games, the Regional Top 10 Competition and the various Relay and Interclub events held through the season.

All registered athletes are eligible to compete in these events and announcements will be made prior to each event at the muster on club night. In addition, please feel free to ask any committee member for more information about any of these events.



The 2010/11 season ended with the usual fun night.

Again the water slide proved to be very popular and most club members took part.

Sweet treats were handed out to the junior track, with a lolly scramble for the senior track.

Thanks to those who helped Rodger set up the evening's events.



Open Days

On Saturday 8th, 15th and 22nd October there will be Athletics Open Days for Grade 7 – 14 at Mt Smart from 9.00am to 1.00pm. This is a chance to stretch your legs before the season starts. Telephone Rodger or Denise for more information 575 0575

Handbook

The club handbook is currently being updated for printing and will be available at enrolment. The handbook tells you just about everything you need to know about club events and information.

Trans-Tasman Challenge 2012

10 and 11 year olds (as at 1st October 2011) are eligible to trial for the Auckland Trans-Tasman team comprising up to 128 athletes from Auckland, Waikato and Northland.

The Trans-Tasman Challenge is an annual event hosted in turn by Auckland and New South Wales. This season Auckland is the host with Challenge Day being held on Sunday 15th January 2012 at the Trusts Stadium, Waitakere.

In past years a large number of Eastern athletes have participated and we encourage all athletes of the correct age to try out for the team.

The Trans-Tasman competition is a great opportunity for our 10 and 11 year olds to meet new friends both in Australia, and more importantly, from other Auckland clubs.

Rodger, Denise and Kim have been heavily involved for many years as Selectors and/or on the Trans-Tasman Executive Committee – and most of the club committee members have also either been personally involved and/or have had children in the team. If you have any questions at all about this fantastic event, please feel free to ask!

The first Trans Tasman trial is on 29th October with the second (final) trial on 5th November. Both trials are compulsory for selection so athletes need to attend both meets to have the best chance of selection.

The Trans Tasman team will be named on Sunday 6th November.

Application forms will be available at the registration table on club nights and from the club website.

There will also be three pre-season meets (7 – 14 years) on 8th, 15th and 22nd October, and all prospective Trans Tasman athletes are encouraged to attend these.

All meets will be at Mt Smart Stadium.

Note: Trans-Tasman trials start at roughly the **SAME TIME AS OUR SEASON STARTS** so look out for registration forms on the first club night!!

Colgate Games 2012



The Colgate Games are effectively the National Junior Championships and bring together around 1500 of the best athletes from all over the country.

Over the last few years, Eastern has been well represented. Our athletes have won many medals and competed at a high standard.

This season's North Island Games are in Tauranga on 6th, 7th and 8th January 2012 with the South Island equivalent the following weekend in Nelson (Eastern athletes are also able to compete at both the North and South Island games).

This is a great opportunity for our athletes to compete in the Colgate Games.

Entries close 15th November, so make sure you complete your entry form and have it back to our secretary Denise by then. Absolutely NO late entries are accepted for this event.

New Zealand Children's Athletic Association

Our Club President Rodger Brickland and Secretary/Treasurer Denise Cheese are both office holders for the New Zealand Children's Athletic Association. Rodger as Immediate Past President and Denise as Secretary. Rodger was also awarded Life Membership of NZCAA at the AGM held on 30 and 31 July. Both Rodger and Denise received Merit Awards for service to Children's Athletics.

Duty Roster

Our club is run entirely by volunteers and we remind you that it is a condition of enrolment that parents assist with the running of events. We ask that you help at least twice per season for each child you have enrolled.

Parents will be asked at enrolment to nominate their duty nights – please check your diaries and be prepared for this. The club is run entirely for the benefit of our children and it **can't operate without everybody pitching in**.

Once you have your allocations, it is

ESSENTIAL THAT YOU TURN UP

or arrange for someone to cover for you.

Helpers

In addition to the parent's roster, we need helpers on a more regular basis. Assisting at children's athletics is not hard and can be a lot of fun.

We especially need people to help with the Junior Track and the Barbecue. All funds raised go to help with travel costs for outside events. Helpers are also constantly required and welcome for the high jump, long jump, shot put, discus and running events.

Teenage helpers are required throughout the season. Anyone interested can contact Rodger for details of the jobs.

******* Age Managers *******

Parents are required to help coordinate children, taking them from event to event and recording their results. Please give Judith (details below) a call to discuss any help you can offer – or record your interest on the registration form.

Please consider whether you can help – even on a shared/partial basis.

Please Contact: –
Judith Uhlenberg or 021 165 1811

Athletics Auckland Junior Sportsperson of the Year

Matthew Wynne was nominated in the 7 – 9 year category as Junior Sportsperson of the Year for Athletics Auckland. Matthew has represented our Club to the best of his ability over the past few seasons. Matthew received a certificate from Athletics Auckland in recognition of his nomination.

Club Coaching – This season we have again secured the services of Sarah Cowley who represents New Zealand as a Multi Discipline Athlete.

Club Website

The club website is now well established and is a key means of communication with our members. All club news, results and other information is posted on the website.

The most visited part of the website is the photo pages area. This includes as many images of Eastern Athletes at club, interclub and regional events as possible.

Please visit the website regularly throughout the season.

Club Contacts

Rodger Brickland – (President) - 575 0575
Judith Uhlenberg – (Seniors) – 021 165 1811
Rodger Brickland – (Juniors) - 575 0575

Please help us promote our Club and distribute the enclosed advertising flyers amongst your friends and family